

**INSTRUCTIONS FOR INTRAVENOUS SEDATION OR GENERAL ANESTHESIA**

1. The night before surgery, eat a light and easily digestible meal. Do not consume alcoholic beverages and make sure that you get a good night's sleep.

2. Do not eat, drink or smoke anything 8 hours prior to your appointment. NO FOOD, NO SMOKING and NO LIQUIDS. (except for pre-medications)

3. Your mouth and teeth should be well cleansed to avoid infection. While rinsing your mouth, avoid swallowing water.

4. A driver must be present at all times during your surgery. You must not drive an automobile until completely recovered from anesthesia; this may take from 6 to 12 hours.

5. If you are currently taking ANY medication, including Phen Fen, please inform the dentist of the medication you are taking BEFORE your scheduled surgery date.

6. Clothing requirements: Males should wear a short sleeved shirt. Females, please wear a short sleeved blouse and closed toe shoes. Shoes should be flats; not high heels. No jewelry. No nail polish. No shorts.

7. If you will be unable to make your appointment, please place a call to our office 72 hours in advance. Otherwise, a \$100.00 charge will be enforced.

*NOTE:*Please call the office if symptoms of a head or chest cold, or any change in your health arise. Changing your appointment may be necessary.

**I acknowledge the receipt of and understand the instructions for intravenous sedation or general anesthesia.**

\_\_\_\_\_  
Patient Acknowledgement Signature Date Time  
Oral Surgery Appointment: \_\_\_\_\_  
Date Time